Physical Education and Health 10 Written Final Summative Report 2019-2020



https://curriculum.gov.bc.ca/curriculum/physical-health-education/10/courses

Student: Darla Benz	Teacher: Ms Clara Hu	Teacher: Ms Clara Hughes	
Absences from class: T	imes Late:		
Individual Education Plan:	Student Behavior Plan:	Other Support:	

Behaviours for Success (not included in grade)

Darla perseveres when responding to a challenge, as demonstrated during the school' annual run. She is learning to check in more frequently to make sure she keeps on track to meet her personal fitness goals. As a next step, Darla is encouraged to set more goals for herself and work on meeting them over the summer.

Academic Achievement

Physical and Health Literacy - PROFICIENT

Darla is able to apply proper techniques for movement and is able to adjust exertion level when necessary as demonstrated by her development in running, soccer and basketball. She demonstrates fair play through her team approach and understanding of game rules. Darla is developing the ability to apply movement strategies such as passing during competitive sport.

Healthy and Active Living - DEVELOPING

Darla demonstrates a competitive nature and is developing her understanding of health benefits beyond competition. She is able to identify how health messages may possibly influence a person's well-being and is working on identifying her own personal healthy living goals. Darla would benefit from reflecting on health benefits as delivered through Protect Your Pal presentations, explorations of health and exercise, and conversations to help her identify a personal journey towards healthy living beyond competitive sport.

Social and Community Health - PROFICIENT

Darla communicates many ways to avoid potentially unsafe situations with respect to sexual health, bullying, and discrimination. She has participated in mock scenarios that allowed her to demonstrate her understanding of how to respond effectively to emergency situations. Darla would benefit from reflecting on effective ways to manage a situation should emergency help not be readily available.

Mental Well Being - INCOMPLETE

Due to absences, Darla has not yet shown sufficient evidence to demonstrate her learning in this area, specifically about how the consequences of negative behaviour (such as substance abuse) can have a direct impact on a persons' mental well- being. Darla is encouraged to have a discussion with her parents about creative and/or alternative ways of demonstrating her learning before the end of February, and then meet with her teacher to make arrangements.

Overall Proficiency: I (until end of February)	Percentage Grade:
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Teacher's Signature: