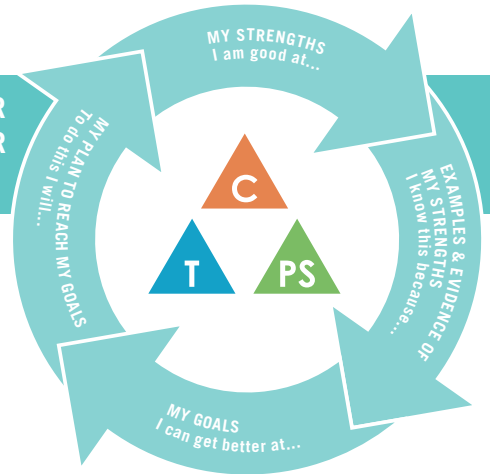


# SELF-ASSESSMENT OF MY CORE COMPETENCIES

Name: Jayden

Date: April 3, 2017

THINK ABOUT YOUR LEARNING THIS YEAR AND DESCRIBE OR DRAW HOW YOU HAVE DEMONSTRATED OR DEVELOPED YOUR CORE COMPETENCIES.

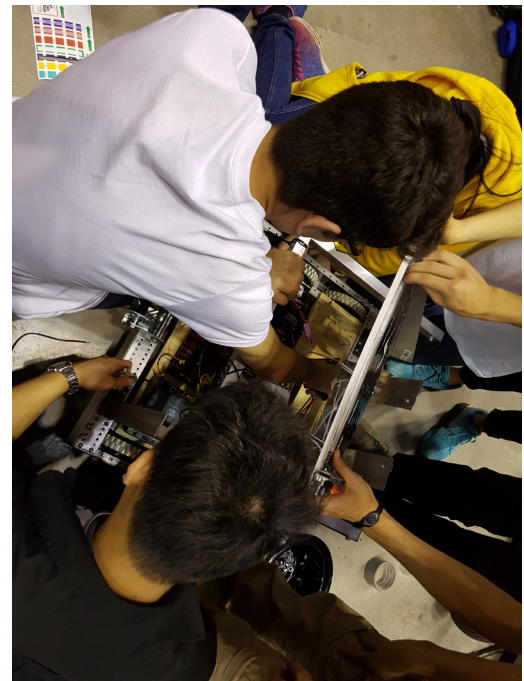
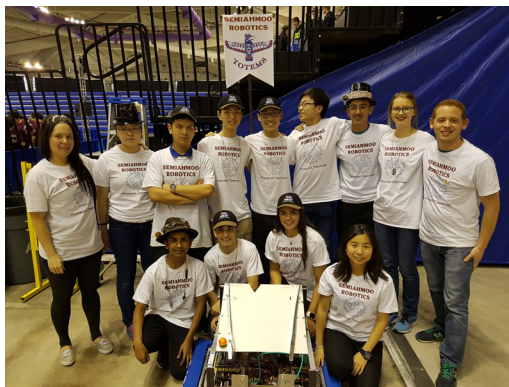


My strengths are looking at a problem and creating a solution. I can do this when I'm working in a team and when I'm by myself. I love to be challenged. Coming up with solutions is a lot of fun.

Our school robotics team went to the Regional Robotics Competition. During the competition, our robot broke. We had to rebuild parts for the robot in just a little bit of time. Everybody helped. We fixed our robot until it got working again without anyone's help.

My goals are to build a winning robot for next year's competition. To do this, as I get older I want to be a leader on my team. I want to help solve the challenges of the competition and eventually be on the drive team for the robot.

To become a leader, I will need to show the rest of the team that I am a creative thinker. I will need to come up with a lot of ideas when we meet at lunch to talk about our plans. I need to show that I am responsible by going to all the meetings and doing all the jobs that need to be done. I will read and look up examples of winning robots so I can show the team and give them ideas of what a winning robot should be.



Self-assessment can take many forms and may focus on one, a few, or all of the core competencies.

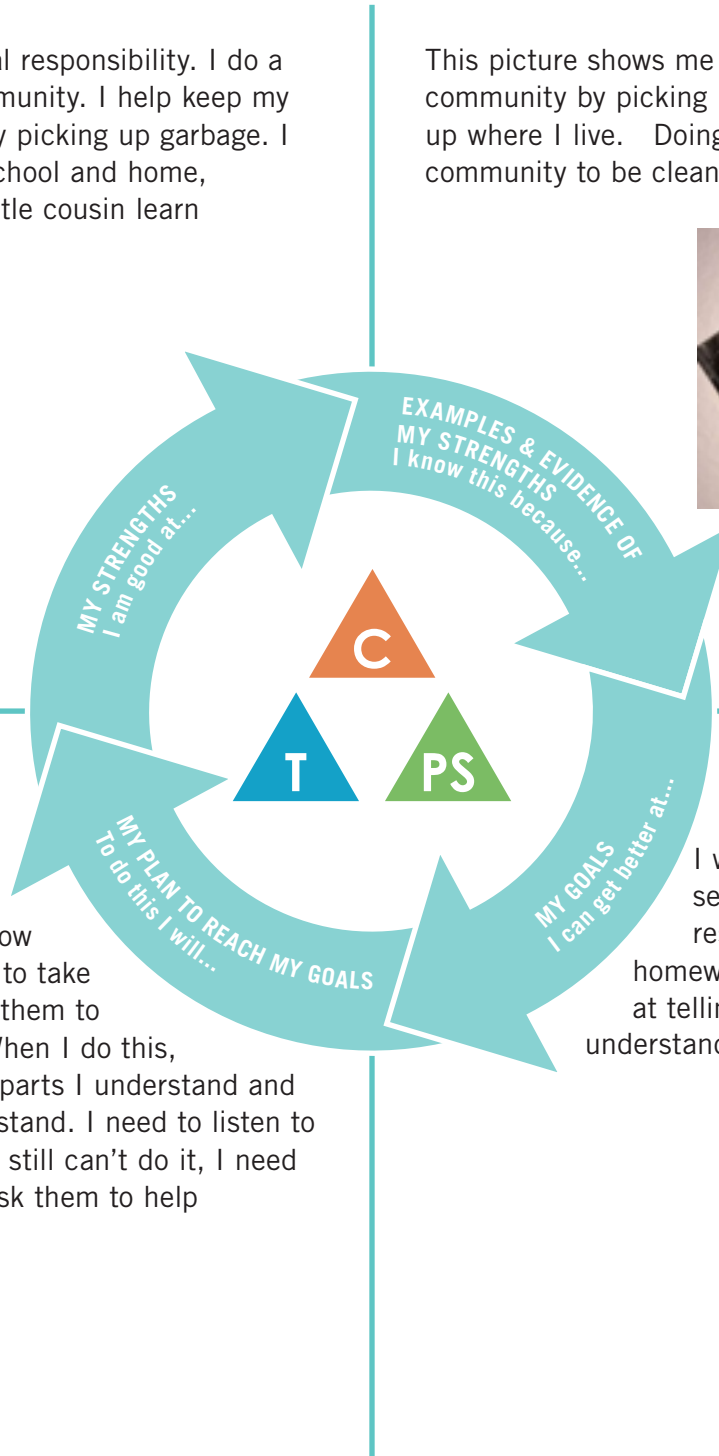
# SELF-ASSESSMENT OF MY CORE COMPETENCIES

Name: Puneet

Date: April 14, 2017

I am strong in my social responsibility. I do a lot to help out my community. I help keep my neighbourhood clean by picking up garbage. I recycle when I am at school and home, and I am helping my little cousin learn to speak English.

This picture shows me helping out the community by picking up garbage and cleaning up where I live. Doing this activity helps the community to be cleaner and I also got a prize.



Even though I do my best, when something is hard I give up. I need courage to explain what I don't know to my teachers. I need to take a deep breath and ask them to help me understand. When I do this, I have to tell them the parts I understand and the parts I don't understand. I need to listen to their feedback, and if I still can't do it, I need to use my courage to ask them to help me again.

For my personal and social competency, I want to get better at my self-regulation. I think I am responsible because I do my homework, but I want to get better at telling my teachers when I don't understand some things they teach us.



Self-assessment can take many forms and may focus on one, a few, or all of the core competencies.

# SELF-ASSESSMENT OF MY CORE COMPETENCIES

Name: KailaDate: April 18, 2017**COMMUNICATION****THINKING****PERSONAL & SOCIAL**

## MY STRENGTHS

Communication is a strength of mine. I feel comfortable speaking in class. I put my hand up when teachers ask questions, and I'm not afraid to ask questions. I explain what I know to other students and help them understand. Another strength of mine is my self-awareness. If I'm not understanding, I use reading strategies. I stop reading and try to figure out the meaning. After every paragraph, I ask myself what it means, and I go back and reread.

## EXAMPLES AND EVIDENCE OF MY STRENGTHS

When we were doing group work in Humanities, I helped my group understand that colour can be a symbol for a lot of different things. An example of my self-awareness was when we were doing Middle Ages Justice. It was hard to understand, so I used sticky notes. For the parts I could understand, I wrote summaries like, "Royal courts are for major crimes." When I didn't understand, I wrote questions like "What kind of penalties and sentences did people get?"

## MY GOALS

My goal is to use more strategies to help me think and understand more. Mrs. D. told me it would help if I started making more connections. When I read I make personal connections but they're basic connections instead of ones that help me understand better. When we wrote the personal connections paragraph for the song analysis in Humanities, I just said I liked the song and I summarized it. I didn't explain why or use examples from my personal life.

## MY PLANS TO REACH MY GOALS

When I make personal connections, I have to make them more "meaningful" (criteria word). I have to say more in my explanations. Instead of just saying why I like something or don't like it, I have to relate what I say to my life and I have to talk more about my feelings about what I read. I have to explain how what I read is similar to something in my life and how it is different from my life. If I do this, I think my personal connections will be more "meaningful".



Self-assessment can take many forms and may focus on one, a few, or all of the core competencies.