**Application Form for Grades K – 10**

**Projects, presentations, materials and resources in Yukon schools**

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| Application for: Projects, Presentations \_\_X\_\_\_  Resources, Materials \_\_\_\_\_ | | | | |
| Agency/Department: Health Promotion Unit, Health and Social Services  Date of Submission: April 26, 2019  Contact Name: Adria Collins  Phone Number: 867-667-8394  Email: [adria.collins@gov.yk.ca](mailto:adria.collins@gov.yk.ca) | | | | |
| Request initiated by: Adria Collins | | | | |
| Title of project, presentation, resource or material: Let’s Talk Pot (cannabis education), Vaping, Kickin’ Ash, Sexual Health Education, Nutrition education. | | | | |
| Grade | [Subject](https://curriculum.gov.bc.ca/curriculum) | Big Ideas | Curricular Competencies | Content |
| K-3 | Physical and Health Education | Healthy choices influence our physical, emotional, and mental well-being. | Names for body parts, practices that promote health and well-being, appropriate and inappropriate touch. | * relationships between food, hydration, and health * practices that promote health and well-being * names for parts of the body, including male and female private parts * appropriate and inappropriate ways of being touched * different types of substances |
| 4-5 | Physical and Health Education | Healthy choices influence our physical, emotional, and mental well-being. | Managing problems related to mental well-being and substance use, understanding the potential effects and harms of psychoactive substances such as cannabis and strategies for preventing personal harms.  Physical, emotional, and social changes that occur during puberty, including those involving sexuality and sexual identity and changes to relationships | * sources of health information and support services * strategies to protect themselves and others from potential abuse, exploitation, and harm in a variety of settings * factors influencing use of psychoactive substances, and potential harms * physical, emotional, and social changes that occur during puberty, including those involving sexuality and sexual identity, and changes to relationships |
| 6-7 | Physical and Health Education | Healthy choices influence our physical, emotional, and mental well-being. | Strategies for managing personal and social risks related to psychoactive substances and potentially addictive behaviours.  Physical, emotional, and social changes that occur during puberty, including those involving sexuality and sexual identity and changes to relationships | * influences of physical, emotional, and social changes on identities and relationships * factors that influence personal eating choices * practices that reduce the risk of contracting sexually transmitted infections and life-threatening communicable diseases * sources of health information |
| 8-10 | Physical and Health Education | Healthy choices influence our physical, emotional, and mental well-being. | Healthy choices and their influence on physical, emotional and mental well-being, managing problems related to mental well-being and substance use and how advocating for mental health and well-being of others connects students to the community. Sexual decision making and sources of health information. | * healthy sexual decision making * potential short- and long-term consequences of health decisions, including those involving physical activity, healthy eating, sleep routines, and technology * sources of health information |
| How will this presentation, project, resource or material enhance Yukon schools?  The Health Promotion Unit, we offer:   * Comprehensive sexual health education, delivered by Certified Sexual Health Educators, for all ages, genders, and sexualities. Our sexual health program follows the best practices set by Health Canada and the World Health Organization. * Nutrition education from a community Dietitian that includes food literacy, hands on food skills, and interactive nutrition activities. * Cannabis education presentation and resources, which incorporates basic facts, health impacts, decision-making, laws, lower risk use guidelines and interactive activities. * Vaping education presentations that take a closer look at marketing, media and the potential health impacts of these products. * Kickin’ Ash resource and presentation that focuses on youth tobacco prevention while exploring Big Tobacco, media, and health impacts.   This information has been created to fit the curriculum guidelines and requirements. Our aim is to support teachers and community group organizations in educating young people on these subjects by making the information accessible, engaging and appealing to teachers, facilitators and youth. | | | | |
| Please list and attach any professional review of this work. Sexual health education is delivered by two educators that have been certified to teach sexual health education.  Kickin’ Ash, Let’s Talk Pot and Vaping presentations were all developed by a team of health workers and educators and vetted by Health and Social Services Communications team.  Nutrition workshops developed and facilitated by the Community Dietitian. | | | | |
| Any additional information that you would like to supply should be provided on separate pages. | | | | |
| Forward application to the Project Approval Committee: [curriculum@gov.yk.ca](mailto:curriculum@gov.yk.ca) | | | | |
| Department Resource Committee Review Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | | | |
| Approved: Yes \_\_\_\_\_ No \_\_\_\_\_  Reasons if application is declined: | | | | |
| Approved for: | | | | |
| Restrictions, if any: | | | | |