

Curricular Competencies and Content

Grades	Subject	Big Idea	Curricular Competencies	Content
K	PE	Daily physical activity helps us develop movement skills and physical literacy, and is an important part of healthy living	<ol style="list-style-type: none"> 1. Develop and demonstrate a variety of fundamental movement skills in a variety of physical activities and environments 2. Develop and demonstrate safety, fair play, and leadership in physical activities 	<p>proper technique for fundamental movement skills, including non-locomotor, locomotor, and manipulative skills</p> <p>different types of physical activities, including individual and dual activities, rhythmic activities, and games</p>
1	PE	Daily physical activity helps us develop movement skills and physical literacy, and is an important part of healthy living	<ol style="list-style-type: none"> 1. Develop and demonstrate a variety of fundamental movement skills in a variety of physical activities and environments 2. Develop and demonstrate safety, fair play, and leadership in physical activities 	<p>proper technique for fundamental movement skills, including non-locomotor, locomotor, and manipulative skills</p> <p>different types of physical activities, including individual and dual activities, rhythmic activities, and games</p>
2	PE	Daily physical activity helps us develop movement skills and physical literacy, and is an important part of healthy living	<ol style="list-style-type: none"> 1. Develop and demonstrate a variety of fundamental movement skills in a variety of physical activities and environments 2. Develop and demonstrate safety, fair play, and leadership in physical activities 	<p>proper technique for fundamental movement skills, including non-locomotor, locomotor, and manipulative skills</p> <p>different types of physical activities, including individual and dual activities, rhythmic activities, and games</p>
3	PE	Movement skills and strategies help us learn how to participate in different types of physical activity	<ol style="list-style-type: none"> 1. Develop and demonstrate a variety of fundamental movement skills in a variety of physical activities and environments 2. Develop and demonstrate safety, fair play, and leadership in physical activities 	<p>proper technique for fundamental movement skills, including non-locomotor, locomotor, and manipulative skills</p> <p>different types of physical activities, including individual and dual activities, rhythmic activities, and games</p>

4	PE	Knowing what we enjoy doing and knowing about our opportunities to participate in those activities helps us develop an active lifestyle	<ol style="list-style-type: none"> 1. Develop and demonstrate a variety of fundamental movement skills in a variety of physical activities and environments 2. Develop and demonstrate safety, fair play, and leadership in physical activities 	<p>proper technique for fundamental movement skills, including non-locomotor, locomotor, and manipulative skills</p> <p>different types of physical activities, including individual and dual activities, rhythmic activities, and games</p>
5	PE	Knowing what we enjoy doing and knowing about our opportunities to participate in those activities helps us develop an active lifestyle.	<ol style="list-style-type: none"> 1. Develop and demonstrate a variety of fundamental movement skills in a variety of physical activities and environments 2. Develop and demonstrate safety, fair play, and leadership in physical activities 	<p>proper technique for fundamental movement skills, including non-locomotor, locomotor, and manipulative skills</p> <p>different types of physical activities, including individual and dual activities, rhythmic activities, and games</p>
6	PE	Physical literacy and fitness contribute to our success in and enjoyment of physical activity	<ol style="list-style-type: none"> 1. Develop and demonstrate a variety of fundamental movement skills in a variety of physical activities and environments 2. Develop and demonstrate safety, fair play, and leadership in physical activities 	<p>proper technique for fundamental movement skills, including non-locomotor, locomotor, and manipulative skills</p> <p>different types of physical activities, including individual and dual activities, rhythmic activities, and games</p>
7	PE	Physical literacy and fitness contribute to our success in and enjoyment of physical activity	<ol style="list-style-type: none"> 1. Develop and demonstrate a variety of fundamental movement skills in a variety of physical activities and environments 2. Develop and demonstrate safety, fair play, and leadership in physical activities 	<p>proper technique for fundamental movement skills, including non-locomotor, locomotor, and manipulative skills</p> <p>different types of physical activities, including individual and dual activities, rhythmic activities, and games</p>

8	PE	Daily participation in different types of physical activity influences our physical literacy and personal health and fitness goals	<ol style="list-style-type: none"> 1. Develop and demonstrate a variety of fundamental movement skills in a variety of physical activities and environments 2. Develop and demonstrate safety, fair play, and leadership in physical activities 	<p>proper technique for fundamental movement skills, including non-locomotor, locomotor, and manipulative skills</p> <p>different types of physical activities, including individual and dual activities, rhythmic activities, and games</p>
9	PE	Daily participation in different types of physical activity influences our physical literacy and personal health and fitness goals	<ol style="list-style-type: none"> 1. Develop and demonstrate a variety of fundamental movement skills in a variety of physical activities and environments 2. Develop and demonstrate safety, fair play, and leadership in physical activities 	<p>proper technique for fundamental movement skills, including non-locomotor, locomotor, and manipulative skills</p> <p>different types of physical activities, including individual and dual activities, rhythmic activities, and games</p>

How will this presentation, project, resource or material enhance Yukon schools?

Rural schools have limited access to physical education resources and/or materials; therefore, when human resources are available (including funding) for rural school and other Yukon schools, it is beneficial to the students who engage in these activities.

At **Dzäna Camp 2020**, we would like Frisbee Rob to experience PE on the land with KLS students and KFN student who participate, including the French student and monitor who attend annually.

Land-based activities are an essential part of rural schools, and some communities may not have a formal gym or have to travel to nearby communities to participate in physical activities such as swimming or skiing.

Many Yukon students experience trauma at a young age, and although schools and counsellors attempt to address larger issues, it is essential for students to find a way through “resiliency, kindness, learning from failure, and getting unplugged”.

All students who participate at this camp will be part of this learning experience.