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| **Curriculum/Core%20Competencies/Triangles%20Comm.png**  **COMMUNICATION** | **Connect and engage with others (to share and develop ideas)**   * I ask and respond to simple, direct questions. * I am an active listener. I support and encourage the person speaking. * I recognize that there are different points of view and I disagree respectfully. | **Acquire, interpret, and present information**   * I understand and share information about a topic that is important to me. * I resent information clearly and in an organized way. * I present information and ideas to an audience I may not know. | | **Collaborate to plan, carry out, and review constructions and activities**   * I work with others to achieve a common goal. I do my share. * I take on roles and responsibilities in a group. * I summarize key ideas and identify ways we agree (commonalities). | | **Explain/recount and reflect on experiences and accomplishments**   * I give, receive, and act on feedback. * I recount simple experiences and activities and tell something I learned. * I represent my learning and tell how my learning connects to my experiences and efforts. |
| **COMMUNICATION Strengths. I feel I am really good at:**  **Here are some examples of how I have shown my strengths in COMMUNICATION:** | | | | | |
| **Curriculum/Core%20Competencies/Triangles%20Thinking.png**  **CREATIVE THINKING** | **Novelty and value**   * My ideas are fun for me and make me happy. * I get new ideas or build on other people’s ideas, to create new things within the constraints of a form, a problem, or materials. * I generate new ideas as I pursue my interests. * I get ideas that are new to my peers. * I can develop a body of creative work over time in an area I’m interested in or passionate about. | | **Generating ideas**   * I get ideas when I use my senses to explore. * I build on others’ ideas and add new ideas of my own, or combine other people’s ideas in new ways to create new things or solve straightforward problems. * I deliberately learn a lot about something (e.g., by doing research, talking to others or practising) so that I am able to generate new ideas or ideas just pop into my head. * I have deliberate strategies for quieting my conscious mind (e.g., walking away for a while, doing something relaxing, being deliberately playful) so that I can be more creative. * I have interest and passions that I pursue over time. | | **Developing ideas**   * I make my ideas work or I change what I am doing. * I usually make my ideas work within the constraints of a given form, problem, and materials if I keep playing with them. * I build the skills I need to make my ideas work, and usually succeed, even if it takes a few tries. * I use my experiences with various steps and attempts to direct my future work. * I persevere over years if necessary to develop my ideas. I expect ambiguity, failure and setbacks, and use them to advance my thinking. | |
| **CREATIVE THINKING Strengths. I feel I am really good at:**  **Here are some examples of how I have shown my strengths in CREATIVE THINKING:** | | | | | |

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| **Curriculum/Core%20Competencies/Triangles%20Thinking.png**  **CRITICAL THINKING** | **Analyze and critique**   * I show if I like something or not. * I identify criteria that I can use to analyze evidence. * I analyze evidence from different perspectives. * I reflect on and evaluate my thinking, products, and actions.   I analyze my own assumptions and beliefs and consider views that do not fit with them. | | **Question and investigate**   * I explore materials and actions. * I ask open-ended questions and gather information. * I consider more than one way to proceed in an investigation. * I evaluate the credibility of sources of information. * I can tell the difference between facts and interpretations, opinions, or judgments. | | **Develop and design**   * I experiment with different ways of doing things. * I develop criteria for evaluating design options. * I monitor my progress and adjust my actions to make sure I achieve what I want. * I make choices that will help me create my intended impact on an audience or situation. | |
| **CRITICAL THINKING Strengths. I feel I am really good at:**  **Here are some examples of how I have shown my strengths in CRITICAL THINKING:** | | | | | |
| **Curriculum/Core%20Competencies/Triangles%20PS.png**  **POSITIVE PERSONAL**  **AND**  **CULTURAL IDENTITY** | **Relationships and cultural contexts** can describe my family and community.   * I am able to identify the different groups that I belong to. * I understand that my identity is made up of many interconnected aspects (such as life experiences, family history, heritage, peer groups). * I understand that learning is continuous and my concept of self and identity will continue to evolve. | **Personal values and choices**   * I can tell what is important to me. * I am able to explain what my values are and how they affect choices I make. * I can tell how some important aspects of my life have influenced my values.   I understand how my values shape my choices. | | **Personal strengths and abilities**   * I can identify my individual characteristics. * I can describe/express my attributes, characteristics, and skills. * I reflect on my strengths and identify my potential as a leader in my community. * I understand I will continue to develop new abilities and strengths to help me meet new challenges. | | **Relationships and cultural contexts** can describe my family and community.   * I am able to identify the different groups that I belong to. * I understand that my identity is made up of many interconnected aspects (such as life experiences, family history, heritage, peer groups).   I understand that learning is continuous and my concept of self and identity will continue to evolve. |
| **POSITIVE PERSONAL AND CULTURAL IDENTITY Strengths. I feel I am really good at:**  **Here are some examples of how I have shown my strengths in POSITIVE PERSONAL AND CULTURAL IDENTITY:** | | | | | |

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| **Curriculum/Core%20Competencies/Triangles%20PS.png**  **PERSONAL AWARENESS**  **AND**  **RESPONSIBILITY** | **Self-determination**   * I show a sense of accomplishment and joy. * I celebrate my efforts and accomplishments. * I advocate for myself and my ideas. * I imagine and work toward change in myself and the world. * I take the initiative to inform myself about controversial issues. | | **Self-regulation**   * I sometimes recognize emotions. * I use strategies that help me manage my feelings and emotions. * I persevere with challenging tasks. * I implement, monitor, and adjust a plan and assess the results. * I take ownership of my goals, learning, and behaviour. | | **Well-being**   * I participate in activities that support my well-being, and tell/show how they help me. * I take some responsibility for my physical and emotional well-being. * I make choices that benefit my well-being and keep me safe in my community, including my online interactions. * I use strategies to find peace in stressful times. * I sustain a healthy and balanced lifestyle. | |
| **PERSONAL AWARENESS AND RESPONSIBILITY Strengths. I feel I am really good at:**  **Here are some examples of how I have shown my strengths in PERSONAL AWARENESS AND RESPONSIBILITY:** | | | | | |
| **Curriculum/Core%20Competencies/Triangles%20PS.png**  **SOCIAL RESPONSIBILITY** | **Contributing to community and caring for the environment**   * I participate in classroom and group activities to improve the classroom, school, community, or natural world. * I contribute to group activities that make my classroom, school, community, or natural world a better place. * I identify how my actions and the actions of others affect my community and the natural environment and work to make positive change. * I analyze complex social or environmental issues from multiple perspectives. I take thoughtful actions to influence positive, sustainable change. | **Solving problems in peaceful ways**   * I solve some problems myself and can identify when to ask for help. * I identify problems and compare potential problem-solving strategies. * I clarify problems, consider alternatives, and evaluate strategies. * I clarify problems or issues, generate multiple strategies, weigh consequences, compromise to meet the needs of others, and evaluate actions. | | **Valuing diversity**   * With some direction, I can demonstrate respectful and inclusive behaviour. * I explain when something is unfair. * I advocate for others. * I take action to support diversity and defend human rights, and can identify how diversity is beneficial for my community, including online. | | **Building relationships**  \* With some support, I can be part of a group.  \* I am kind to others, can work or play co-operatively, and can build relationships.  \* I can identify when others need support and provide it.  \* I am aware of how others may feel and can take steps to help them feel included.  \* I can build and sustain positive relationships with diverse people, including people from different generations. |
| **SOCIAL RESPONSIBILITY Strengths. I feel I am really good at:**  **Here are some examples of how I have shown my strengths in SOCIAL RESPONSIBILITY:** | | | | | |