

# **Student Self-Assessment of Core Competencies**

# **Communication, Thinking, Personal & Social**



Core Competency										
Mu	In a safe and supported environment, I engage with peers and adults. With support, I can be part of a group.	With direct support, communicate with p and adults. I talk an listen to people I kno	peers communicate with peers and adults. I listen and	I communicate with peers and adults with growing confidence. I listen actively, ask questions, and make connections.	I communicate clearly in an organized way. actively listen and ask clarifying questions.	I in organized ways	I communicate effectively in ways that are appropriate to my audience and purpose. In discussions and collaborations, I am flexible and acknowled different perspectives.	I am able to engage and accomplish my purpose with an increasing range of audiences, including those I do not know. I am a leader in discussions and collaborations, and help to deepen thinking.		
Receiving Sending	Communication strengths. I feel I am really good at:									
Communication	Here are some examples of how I have shown my strengths in communication:									
	In <b>communication</b> , my goal for moving forward is:									
	To do this, I will:									
	my ideas work or I change what I am doing. people		ole's ideas to create new things or solve an interest and them work. I de		as in which I have my skills to make tely learn a lot about generate new ideas	I get new ideas or reinterpret oth in ways that are helpful to me an My creative ideas are usually a fo expression.	d my peers. creative pie orm of self- my commun persevere to	I get new ideas and develop them to form creative pieces or to make a difference in my community. I pursue my passions and persevere to develop my ideas, even with something I find challenging.		
Creative	Creative thinking strengths. I feel I am really good at:									
	Here are some examples of how I have shown my strengths in <b>creative thinking</b> :									
Creative thinking	In <b>creative thinking</b> , my goal for moving forward is:									
	To do this, I will:									

The core competencies are a set of skills and abilities that are the foundation of our new curriculum. These skills are embedded in every area of learning and developed over a student's entire education. Teachers help guide and support the development of the core competencies; they do not report on this aspect of the curriculum. As shown in this self-assessment, students take ownership of learning by reflecting on and assessing their growth in the core competencies.



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	I explore materials and actions. I am able to show if I like something or not.	I explore with a purpose in mind and use evidence to make simple judgments. I am able to talk about or show something about my thinking.	options. I use experience to and make jud	s and consider my observations and draw conclusions gments. I am able to hinking and how it is	I gather and combine r with what I already kn problems, and develop conclusions, judgment can assess my thinking	ow to identify reasoned s, or plans. I	I evaluate and use well-chosen evidence to develop interpretation identify alternatives, perspective and implications; and make judgments. I am able to examine adjust my thinking.	s, decisions about complex issues. I consider alternative approaches and		
	Critical thinking strengths. I feel I am really good at:									
Critical	Here are some examples of how I have shown my strengths in <b>critical thinking</b> :									
Critical thinking	In <b>critical thinking</b> , my goal for moving forward is:									
	To do this, I will:									
	I am aware of myself as different from others. With some help, I can talk abo who I am and identify some of my qua	out myself. I identify some of my	individual e, places, and			by many aspe my values sha that my chara strengths con	ects of my life. I am aware that ape my choices. I understand cteristics, qualities and tribute to making me a unique I an important part of my	identify how my life experiences have ontributed to who I am. I recognize the ontinuous and evolving nature of my oncept of self and identity. I understand hat challenges are opportunities for ersonal growth, and that I will continue to prow over my lifetime.		
Personal	Positive personal and cultural identity strengths. I feel I am really good at:									
Positive personal and	Here are some examples of how I have shown my strengths in positive personal and cultural identity:									
cultural identity	In positive personal and cultural identity, my goal for moving forward is:									
	To do this, I will:									

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	With support, I show a sense of accomplishment, and sometimes recognize my emotions. I participate in activities that support my well-being.	In a safe, supportive environment, I share my ideas and accomplishments, and accept responsibility for my actions. I make decisions about my activities, and, with support, take some responsibility for my physical and emotional well-being.	I recognize my strengths and use strategies to focus, manage stress, and accomplish my goals. I make choices that benefit my well-being and keep me safe in a variety of communities, including online.	I recognize my value and advocate for my rights. I take responsibility for my choices, my actions, and my achievements. I use strategies for working toward a healthy and balanced lifestyle.	I identify my strengths and limits, find internal motivation, and act on opportunities for self-growth. I take responsibility for making ethical decisions. I sustain a healthy and balanced lifestyle.				
Personal	Personal awareness and responsibility strengths. I feel I am really good at:								
Personal awareness	Here are some examples of how I have shown my strengths in personal awareness and responsibility:								
and responsibility									
	To do this, I will:								
	I am aware that people can be different than me. I interact with my friends, and with some support, I can be part of a group.	In familiar and structured settings, I interact with others and the environment respectfully. I am kind to others, work cooperatively, and build relationships with people of my choosing.	I interact with others and the environment respectfully and thoughtfully. I know when others need help and provide it. I sustain relationships. I show care for Elders.	I take purposeful action to support others and the environment. I am aware of the feelings of others and help them feel included. I maintain relationships with people from different generations.	I initiate positive, sustainable change for others and the environment. I empathize with others and adjust my behaviour to accommodate their needs. I sustain relationships with diverse people from a variety of age groups, communities and cultures.				
Social	Social responsibility strengths. I feel I am really good at:								
Social responsibility	Here are some examples of how I have shown my strengths in social responsibility:								
	In social responsibility, my goal for moving forward is:								
	To do this, I will:								

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- Communication
  Connect and engage with others
  Acquire, interpret, and present information
  Collaborate to plan, carry out, and review constructions and activities
  Explain/recount and reflect on experiences and accomplishments



# **Creative Thinking**

- Novelty and value Generating ideas Developing ideas



# **Critical Thinking**

- Analyze and critique Question and investigate Develop and design



# Positive Personal & Cultural Identity • Relationships and cultural contexts • Personal values and choice • Personal strengths and abilities



# Personal Awareness and Responsibilty • Self-determination • Self-regulation • Well-being



- Social Responsibility
  Contributing to community and caring for the environment
  Solving problems in peaceful ways
  Valuing diversity
  Building relationships