

DREAM JOB?

Maybe you were born to be a
Dental Assistant?



**For Laurie,
and for you,
that Dream Job
is within your
reach.**

**Kindän lù,
sòóthän kindän
ye ts'etlāw
ndasendla khị.**

*Once you're done
school, you've achieved
something major and
you'll always have
employment.*

– Laurie Strand

My name is Laurie Strand. My Native name is Mäts'e from Champagne/Aishihik First Nation.

I've been working as a dental assistant for five years.

I oversee a number of things. Daily scheduling to make sure patients are coming in and out on time, educating patients on oral health and hygiene; also informing them of what their treatment needs are and what their various options might be.

My favourite aspect of my job is knowing that I've helped a person with their oral health and helping them get over their fear of the dentist.

In the next few years I hope to continue my education. I'd like to become a dentist. That will mean eight years of school, including one year of upgrading, so in 10 years I will hopefully be a new graduate!

Laurie Strand
Dental Assistant

Be a Dream Catcher

**– there are so many career options in
the health field today, each one with
the potential to give you everything
you could want from a career.**

For more information
or to discover the path from
Dream Job to Your Job,
get a copy of the
Dream Catcher Health Career
Resource Manual and contact:

Teresa Sidney
867.393.9218
teresa.sidney@cyfn.net

DREAM JOB?

Maybe you were born to be a
**Licensed
Practical Nurse?**



photography | www.ardbould.com

My name is Hailey Bill. I am from the Wolf Clan of the Kwanlin Dun First Nation. I am a student in the Yukon College Nursing Home Attendant Program.

My favourite thing about this program is the people that I work with. The residents know that I am a student, so they try to help me along. My instructors are really inspirational. I look up to them and I know they really want us to succeed.

Nursing has been something I have wanted to do. The scope of the work from birth to dealing with death attracts me. I definitely prefer it to sitting behind a desk!

I wasn't too sure who to ask when I first read the literature about various careers. If you're not sure what you're interested in, I recommend taking a year of general studies which will give you information about a variety of careers.

Hailey Bill
Nurse-in-Training

**For Hailey,
and for you,
that Dream Job
is within your
reach.**

**Dän yēdenéde
huk'ānuté
nithän, Dän
Húdlin huts'in
nay. Dóhudhat
hunjí ts'in
huk'ānuté hé.**

*"Nursing has been something
I have wanted to do. The
scope of the work from
birth to dealing with death
attracts me. I definitely prefer
it sitting behind a desk!"*

– Hailey Bill

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DREAM JOB?

Maybe you were born to be a
Registered Nurse?



photography | www.ardboud.com

My name is Jacqueline Jules from Teslin Tlingit Council First Nation. I'm a third year nursing student at the University of Manitoba.

I love what I'm doing. One of my favourite things about nursing is the many different areas within the profession.

With a degree in nursing, you can work in maternity, surgery, administration, public health, home care, geriatrics, mental health or travel relief – the possibilities are truly endless.

For someone like me who doesn't like to do one thing for too long, nursing is a perfect match.

Nursing is definitely challenging though and takes dedication, hard work and resilience. It's my personal belief though that the rewards are definitely worth it.

I feel I'm making a difference. I feel free and I feel that I'm part of something bigger than myself – feelings that make all the hard work worthwhile.

Jacqueline Jules
Nurse-in-Training

**For Jacqueline,
and for you,
that Dream Job
is within your
reach.**

Tlêx yatì át áwé, tlaxh
khunáxh axh tuwàsigû
ya nêsin dàt yè jiné, tlé
sheyèdihên wé wùch
waneyâde yè dàduné
yé. Yè axhahên khu.
á, ch'a xhâch, k'idên
yèxhwsanêyi axh
yêjinêyi, ch'a dàsá ayâ
yandé khghwahân.

*One of the things I really like
about the nursing work is that
there are so many different ways
to do it. I believe though myself,
that if I do my work well, it will
stand up to anything/challenge.*

– Jacqueline Jules

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DREAM JOB?

Maybe you were born to be a
Social Worker?



My name is Andy Nieman. My First Nations heritage is Northern Tutchone and I'm a social worker and health consultant.

I attended a residential school for three years and have overcome alcoholism, substance abuse, jail and life on skid row.

I have a positive, never-give-up attitude and I believe there's always hope for everyone to accomplish their dreams, no matter how down they may seem.

Believe in yourself and work hard! You can achieve anything.

If someone like me can get a degree you can too!

Andrew (Andy) Nieman
Social Worker and Health Consultant

For Andy,
and for you,
that Dream Job
is within your
reach.

Anay hatth'aw
hundānilí
de k'e nindo
sáw hûuch'í
(hûulí) hé.

*The Future Belongs
To Those Who Believe
In And Follow Their
Dreams*

– Andy Nieman

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DREAM JOB?

Maybe you were born to be a
Health Administrator?



**For Helen,
and for you,
that Dream Job
is within your
reach.**

**Wé ikłixhîł'i
át yè nasní
àghâ áwé
khukałxhîł'
hûchgixh
ghuxhsatî.**

*Do the thing that
scares you, then fear
will be no more.*

– Helen Allan

My name is Helen Allan of the Taku River Tlingit First Nations and I'm currently studying Health Administration.

As a First Nations person, I believe that the health of our people is of utmost importance.

My studies in Health Administration are a great match for me because they combine my interest in First Nations health with my strengths in administration.

I think I've always had the nature of a helper. I really enjoy being part of a group that helps First Nations people. Working in the hospital can get difficult dealing with the end of life, but you learn to have faith.

It feels so great to do something that you're passionate about and are good at too!

"Do the thing that scares you and the death of fear is certain."

Helen Allan
Health Administration Student

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DREAM JOB?

Maybe you were born to be a
Community Health Nurse?



**For Marie,
and for you,
that Dream Job
is within your
reach.**

**Kwäta kwän
may ts'eda dì
ye ghakwändür
dàts'àn shàw da.**

*Going out on the land,
even just sitting around
a campfire with tea
and talking, that's
therapeutic.*

– Marie Martin

My name is Marie Martin of Champagne Aishihik First Nation and I'm a community health nurse at Kwanlin Dun.

My passion is First Nations health. I feel that First Nations health is a lot more than just being clinically inclined. You really need to know where people are in their lives and the communities that they come from.

Going out on the land – even just sitting around a campfire with tea and talking – that's therapeutic and to me that's First Nations health.

When I was in high school, I wasn't at the top of my class. I was the very quiet girl at the back of the room too shy to ask questions in class.

I want to tell you that you can do it!

If you can discipline yourself to do the work and balance having fun with your friends with your studies, becoming a nurse is completely doable. You can do it too!

Marie Martin
Registered Nurse

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