## DREADB.

Maybe you were born to be a

### Dental Assistant?



For Laurie, and for you, that Dream Job is within your reach.

Kindän lų, sòóthän kindän ye ts'etläw ndasendla khį.

Once you're done school, you've achieved something major and you'll always have employment.

Laurie Strand

My name is Laurie Strand. My Native name is Mäts'e from Champagne/Aishihik First Nation.

I've been working as a dental assistant for five years.

I oversee a number of things. Daily scheduling to make sure patients are coming in and out on time, educating patients on oral health and hygiene; also informing them of what their treatment needs are and what their various options might be.

My favourite aspect of my job is knowing that I've helped a person with their oral health and helping them get over their fear of the dentist.

In the next few years I hope to continue my education. I'd like to become a dentist. That will mean eight years of school, including one year of upgrading, so in 10 years I will hopefully be a new graduate!

Laurie Strand Dental Assistant

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### DREADE

Maybe you were born to be a

Licensed Practical Nurse?



For Hailey, and for you, that Dream Job is within your reach.

Dän yēdenéde huk'ānuté nithän, Dän Húdlin huts'in nay. Dóhudhat hunjí ts'īn huk'ānuté hé.

"Nursing has been something
I have wanted to do. The
scope of the work from
birth to dealing with death
attracts me. I definitely prefer
it sitting behind a desk!".

- Hailey Bill

My name is Hailey Bill. I am from the Wolf Clan of the Kwanlin Dun First Nation. I am a student in the Yukon College Nursing Home Attendant Program.

My favourite thing about this program is the people that I work with. The residents know that I am a student, so they try to help me along. My instructors are really inspirational. I look up to them and I know they really want us to succeed.

Nursing has been something I have wanted to do. The scope of the work from birth to dealing with death attracts me. I definitely prefer it to sitting behind a desk!

I wasn't too sure who to ask when I first read the literature about various careers. If you're not sure what you're interested in, I recommend taking a year of general studies which will give you information about a variety of careers.

Hailey Bill Nurse-in-Training

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Maybe you were born to be a

Registered Nurse?



For Jacqueline, and for you, that Dream Job is within your reach.

Tlêx yatì át áwé, tlaxh khunáxh axh tuwàsigû ya nêsin dàt yè jiné, tlé sheyèdihên wé wùch waneyâde yè dàduné yé. Yè axhahèn khu. á, ch'a xhâch, k'idên yèxhwsanêyi axh yêjinêyi, ch'a dàsá ayâ yandé khghwahân.

One of the things I really like about the nursing work is that there are so many different ways to do it. I belief though myself, that if I do my work well, it will stand up to anything/challenge.

- Jacqueline Jules

My name is Vacqueline Jules from Teslin Tlingit Council First Nation. I'm a third year nursing student at the University of Manitoba.

I love what I'm doing. One of my favourite things about nursing is the many different areas within the profession.

With a degree in nursing, you can work in maternity, surgery, administration, public health, home care, geriatrics, mental health or travel relief - the possibilities are truly endless.

For someone like me who doesn't like to do one thing for too long, nursing is a perfect match.

Nursing is definitely challenging though and takes dedication, hard work and resilience. It's my personal belief though that the rewards are definitely worth it.

I feel I'm making a difference. I feel free and I feel that I'm part of something bigger than myself - feelings that make all the hard work worthwhile.

Vacqueline Vules Nurse-in-Training

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Maybe you were born to be a

Social Worker?



For Andy, and for you, that Dream Job is within your reach.

Anay hatth'aw hundānili de k'e nindo sáw hûuch'i (hûulí) hé.

The Future Belongs
To Those Who Believe
In And Follow Their
Dreams

Andy Nieman

My name is Andy Nieman. My First Nations heritage is Northern Tutchone and I'm a social worker and health consultant.

l attended a residential school for three years and have overcome alcoholism, substance abuse, jail and life on skid row.

I have a positive, never-give-up attitude and I believe there's always hope for everyone to accomplish their dreams, no matter how down they may seem.

Believe in yourself and work hard! You can achieve anything.

If someone like me can get a degree you can too!

Andrew (Andy) Nieman Social Worker and Health Consultant

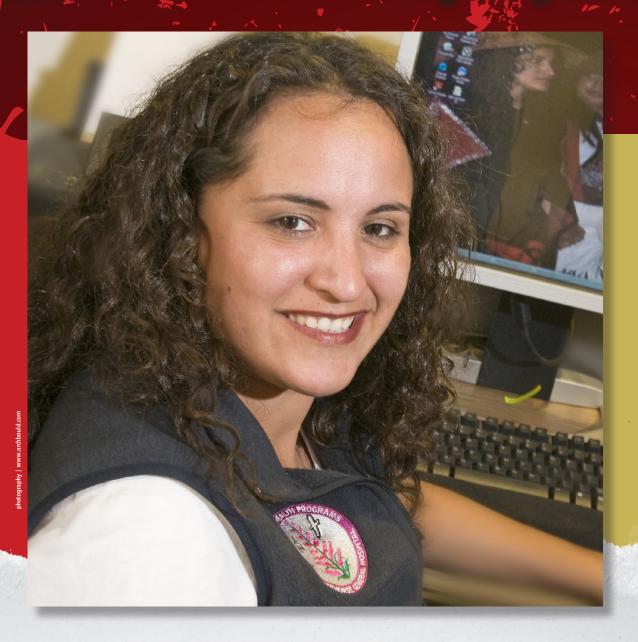
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### DREADES OF

Maybe you were born to be a

Health Administrator?



For Helen, and for you, that Dream Job is within your reach.

Wé ikłixhîl'i át yè nasní àghâ áwé khukałxhîl' hûchgixh ghuxhsatî.

Do the thing that scares you, then fear will be no more.

Helen Allan

My name is Helen Allan of the Taku River Tlingit First Nations and I'm currently studying Health Administration.

As a First Nations person, I believe that the health of our people is of utmost importance.

My studies in Health Administration are a great match for me because they combine my interest in First Nations health with my strengths in administration.

I think I've always had the nature of a helper. I really enjoy being part of a group that helps First Nations people. Working in the hospital can get difficult dealing with the end of life, but you learn to have faith.

It feels so great to do something that you're passionate about and are good at too!

"Do the thing that scares you and the death of fear is certain."

Helen Allan Health Administration Student

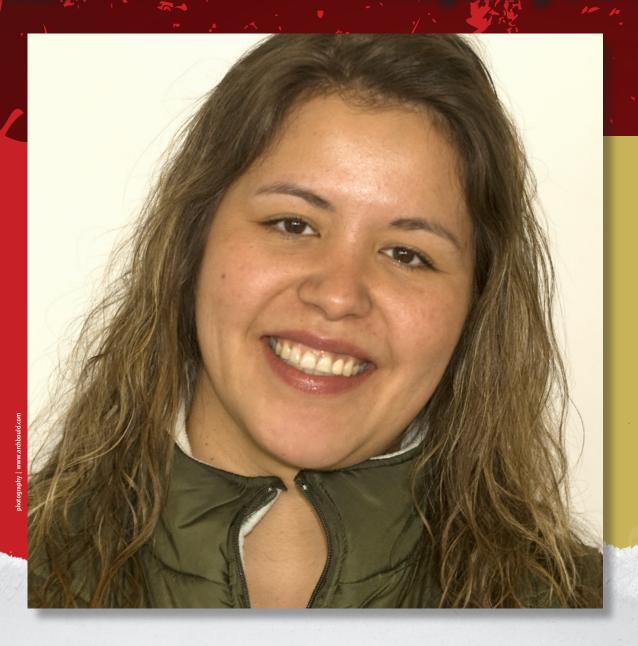
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Maybe you were born to be a

Community Health Nurse?



For Marie, and for you, that Dream Job is within your reach.

Kwäta kwän may ts'eda dì ye ghakwändür dáts'àn shàw da.

Going out on the land, even just sitting around a campfire with tea and talking, that's therapeutic.

- Marie Martin

My name is Marie Martin of Champagne Aishihik First Nation and I'm a community health nurse at Kwanlin Dun.

My passion is First Nations health. I feel that First Nations health is a lot more than just being clinically inclined. You really need to know where people are in their lives and the communities that they come from.

Going out on the land - even just sitting around a campfire with tea and talking - that's therapeutic and to me that's First Nations health.

When I was in high school, I wasn't at the top of my class. I was the very quiet girl at the back of the room too shy to ask questions in class.

I want to tell you that you can do it!

If you can discipline yourself to do the work and balance having fun with your friends with your studies, becoming a nurse is completely doable. You can do it too!

Marie Martin Registered Nurse

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