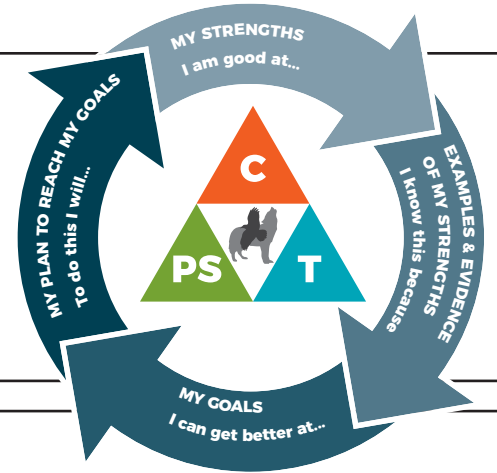




Name: _____ School: _____ Date: _____

My strengths with respect to the core competencies.

I am reflecting on the _____ competency. I am good at...



Examples and evidence of my strengths.

I demonstrated this by...

My goals with respect to the core competencies.

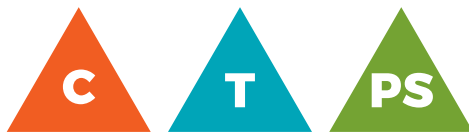
I'd like to get better at...

My plans to reach my goals.

To do this, I will...

Student signature: _____

The core competencies are a set of skills and abilities that are the foundation of our new curriculum. These skills are embedded in every area of learning and developed over a student's entire education. Teachers help guide and support the development of the core competencies; they do not report on this aspect of the curriculum. As shown in this self-assessment, students take ownership of learning by reflecting on and assessing their growth in the core competencies.



Core Competencies

C

Communication

- Connect and engage with others
- Acquire, interpret, and present information
- Collaborate to plan, carry out, and review constructions and activities
- Explain/recount and reflect on experiences and accomplishments

T

Creative Thinking

- Novelty and value
- Generating ideas
- Developing ideas

T

Critical Thinking

- Analyze and critique
- Question and investigate
- Develop and design

PS

Positive Personal & Cultural Identity

- Relationships and cultural contexts
- Personal values and choice
- Personal strengths and abilities

PS

Personal Awareness and Responsibility

- Self-determination
- Self-regulation
- Well-being

PS

Social Responsibility

- Contributing to community and caring for the environment
- Solving problems in peaceful ways
- Valuing diversity
- Building relationships